## **East Coast Swing & Jive**

East Coast Swing /Jive can be done to a wide variety of music including: Country, Rhythm and Blues and popular music. Learn basic steps and variations, as well as some steps that will get you noticed on the dance floor. No experience necessary.

16 & up: Jan 23-Feb 20, Fri, 8-9pm 144710.A

Apr 17-May 15, Fri, 8-9pm 244710.A

Instructor: Casablanca Dance Studio

Location: St Vrain Memorial Building, 700 Longs Peak Ave

Fee: \$45 resident/\$56.25 non-resident

#### **Country Dancing**

Get ready for the Country dance floor! We'll be learning all the basics for Texas Two-Step and Triple Step. In addition, we'll be learning some couples dances like the Cowboy Cha Cha and Waltz Across Texas, so grab your boots and come join us.

16 & up: Feb 27-Mar 27, Fri, 7-8pm 144715.A Apr 17-May 15, Fri, 7-8pm 244715.A

Instructor: Casablanca Dance Studio

Location: St Vrain Memorial Building, 700 Longs Peak Ave

Fee: \$45 resident/\$56.25 non-resident

#### Night Club 2-Step

This is beautiful slow dancing done to soft rock love songs, slow Latin, or slow contemporary music. It is romantic, simple and easy to learn.

16 & up: Feb 27-Mar 27, Fri, 8-9pm 144725.A Instructor: Casablanca Dance Studio

Location: St Vrain Memorial Building, 700 Longs Peak Ave

Fee: \$45 resident/\$56.25 non-resident

## Wedding Dance Workshop

Are you getting ready for an upcoming wedding or cruise? Learn the basics of the elegant Waltz and the smooth Foxtrot-two of the most popular wedding dances. If you have a song to dance to, please bring it to class on a CD. No experience necessary. Fee is per person.



16 & up: Apr 3-10, Fri, 7-9pm 244731.A May 22-29, Fri, 7-9pm 244731.B

Instructor: Casablanca Dance Studio

Location: St Vrain Memorial Building, 700 Longs Peak Ave

Fee: \$40 resident/\$50 non-resident

#### **Irish Dance**

Learn the basics of Irish Step Dancing. Get great exercise, develop balance and build confidence with this beautiful form of dance. Required at each class: shorts & tank top or t-shirt, ballet shoes (available for \$5 at Walmart) and water bottle.

5 to 15 years: Jan 6-27, Tue, 4:30-5:30pm 144625.01 Feb 3-24, Tue, 4:30-5:30pm 144625.02

Fee: \$40 resident/\$50 non-resident

5 to 15 years: Mar 3-31, Tue, 4:30-5:30pm 244625.03 Apr 14-May 12, Tue, 4:30-5:30pm 244625.04

Fee: \$50 resident/\$62.50 non-resident

Instructor: Moriarty-Moffitt School of Irish Dance

Location: St Vrain Memorial Building, 700 Longs Peak Ave

# **Ballroom Dancing** for Couples

Come learn the fundamentals of ballroom dance while having fun with your partner (everyone will dance with the partner they came with--no partner rotation). Couples will learn basic lead and follow techniques and fundamental body mechanics in four dances.



Instructor: Christian Thierens
Location: St Vrain Memorial Building, 700 Longs Peak Ave

Couples Fee: \$120 resident/\$150 non-resident

## **Beginning Latin Dance**

If you're looking for a way to spice up your relationship, come experience the rhythms and culture of Latin America in this class. You will be learning the upbeat Merengue, lively Cha Cha and the romantic Rumba. This is a fun class that is a great workout as well.



16 & up: Jan 23-Feb 20, Fri, 7-8pm 144705.A

Instructor: Casablanca Dance Studio Location: St Vrain Memorial Building, 70

Location: St Vrain Memorial Building, 700 Longs Peak Ave Fee: \$45 resident/\$56.25 non-resident

#### **Ballet Dance for Adults**

Transform your body into an instrument of classical movement from head to toe! The emphasis in the beginning level of study is on posture and the fundamentals of ballet training. Performance opportunities are available.



18 & up: Jan 7-Feb 25, Wed, 11:15am-12:30pm 144760.1A

Location: Longmont Dance Theatre Academy,

1422 Nelson Rd

Fee: \$120 resident/\$150 non-resident

#### **Aerial Dance for All Ages**

This basic aerial technique class combines aerial, visual and circus arts with theater and dance for an exhilarating experience. Climbs, foot-wraps, knee-hooks and inversions will condition, challenge and engage every muscle in your body.

6 to 10 yrs: Jan 10-Feb 28, Sat, 3:30-4:30pm 144614.1A 11 to 18 yrs: Jan 10-Feb 28, Sat, 4:30-5:30pm 144614.1B 18 & up: Jan 10-Feb 28, Sat, 5:30-6:30pm 144765.1A Location: Longmont Dance Theatre Academy,

1422 Nelson Rd

Fee: \$120 resident/\$150 non-resident

See more dance classes on page 31

## Dance Dimensions

Dance Dimensions has a policy of allowing visitors to observe at the first and last class. For pre-ballet and ballet classes, ballet shoes and appropriate attire needed for class: please, no satin ballet shoes from discount stores, as they do not fit properly. For tap classes, no Highlight or Dancetime or discount store shoes will be allowed due to poor fit and soft metal residue. For further clarification, please call Dance Dimensions at 303-772-3750. \*No classes during Spring Break, 4/6-4/10.

Location: Dance Dimensions, 638 Main St

Tiny Tutus

This class is a wonderful introductory dance experience for the very young student. Creative movement and basic technique will provide confidence, coordination, strength and fun! \*No class 4/10

Ages 3 years:

Jan 9-Mar 13, Fri, 9-9:45am 144500.A Mar 20-May 29, Fri, 9-9:45am 244500.A \$100 resident/\$125 non-resident Fee:

Pre-Ballet & Tap

A fun class for the child whose feet are always moving. This class will introduce students to the basic techniques of tap and ballet, as well as rhythm and coordination. \*No class 4/10

4 to 5 years: Jan 9-Mar 13, Fri, 9:45-10:30am 144503.A

Mar 20-May 29, Fri, 9:45-10:30am 244503.A

Fee: \$100 resident/\$125 non-resident

See more Dance classes on page 26

**Pre-Ballet/Tumbling** 

A highly recommended, energetic class for the beginning of dance technique for the young student. Basic tumbling, ballet technique and creative movement will be the emphasis of this class. \*No class 4/10

4 to 5 years: Jan 9-Mar 13, Fri, 10:30-11:15am 144506.A Mar 20-May 29, Fri, 10:30-11:15am 244506.A

\$100 resident/\$125 non-resident

Frozen Dance Camp

Come and reconnect with your favorite characters from the delightful movie "Frozen". Enjoy time for ballet, crafts, story time, freeze dance, creative movement and choreography. Girls wear leotard and tights; boys wear gym shorts and t-shirt. Bring a healthy snack and water.

4 to 6 years: Feb 21-28, Sat, 10am-12pm 144508.A \$75 resident/\$93.75 non-resident Fee:

Pee Wee Hip Hop

A perfect class for those energetic young dancers who love to move. A fun and easy paced experience! Boys are especially welcome! Inexpensive white soled tennis shoes not worn on the street are required. No black soled or street shoes allowed. \*No class 4/9

6 to 8 years: Jan 8-Mar 12, Thurs, 4:15-5pm 144600.A Mar 19-May 28, Thurs, 4:15-5pm 244600.A

\$100 resident/\$125 non-resident Fee:

## Longmont Dance Theatre Academy Classes

Appropriate apparel must be worn to every class requirements available online and on registration receipt. Parents may watch every class. Questions, please call Longmont Dance Theatre Academy, 303-772-1335.

Longmont Dance Theatre Academy, Location:

1422 Nelson Rd

Fee: \$120 resident/\$150 non-resident

Tutu Terrific & Timestep Tappers

The joy and physical benefit of a dance class is fostered during this combination Ballet and Tap class. Imagination and story-telling through dance is emphasized using guided, creative and age-appropriate movement.

3 to 5 years: Jan 6-Feb 24, Tue, 10-11am 144510.1B Jan 7-Feb 25, Wed, 10-11am 144510.1A Jan 9-Feb 27, Fri, 3:30-4:30pm 144510.1C

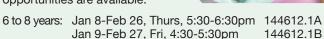
**Tap & Jazz Combination** 

This class introduces the joy of movement through dance. Tap provides fast footwork and rhythm through sound. Jazz is an excellent way to master the shifting of body weight gracefully. Performance opportunities exist. T-shirts, jazz or yoga pants, tap shoes and jazz shoes are required.

6 to 8 years: Jan 10-Feb 28, Sat, 11am- 12pm 144610.1A 9 to 12 years: Jan 7-Feb 25, Wed, 4:30-5:45pm 144610.1B

#### **Ballet Dance Class**

Transform your body into an instrument of classical movement from head to toe! The emphasis in the beginning level of study is on posture and the fundamentals of ballet training. Performance opportunities are available.



9 to 12 years: Jan 8-Feb 26, Thurs, 4:30-5:15pm 144612.1C

**Aerial Dance Class** 

See page 26 for classes for ages 6 through adult!

**Super Hero Movement** 

During this high energy movement class, games that test physical coordination and expand imagination allow boys and girls to discover their own Super Hero identity. Students will move safely and with respect as they explore their emotional, mental and physical powers.

6 to 10 years: Jan 8-Feb 26, Thurs, 5:30-6:15pm 144626.1A



www.LongmontColorado.gov

Winter/Spring 2015